

## REGION 6 CANADIAN PFA REPORT



It is with great sadness that our Section mourns the loss of a true leader, passionate colleague and great friend, International PFA President Elect, Dr. Jerry Dushkin. Jerry passed away on Monday January 25, after a brief illness. A graveside memorial was held in Montreal, with wife Patti, his sons Scott and Colin and close personal friends and was televised via the Zoom platform. The eulogies highlighted the fun times spent with Jerry, cycling through Montreal, Jerry sitting on his favourite park benches along the route, sharing laughs and coffee, kibitzing in Yiddish. Jerry has been described by his friends as kind, genuine, honest, sincere, big bright smile, welcoming hand shake, a gentleman, the happiest guy. For the Canadian PFA Team who had the pleasure of working with Jerry, there are so many fond memories. We were all so proud that Jerry was going to become the International President.

Quebec Chair, Dr. Sam Sgro wrote, " I had the privilege of working alongside Jerry for over 20 years on the Boards of the Canadian Dental Association, the Association Des Chirurgiens Dentistes du Quebec, and more recently with the Pierre Fauchard Academy. What was obvious by Jerry's involvement in organized dentistry is that he loved our profession. But most of all Jerry loved people. He had a true talent for bringing people together. In addition to the many contributions he made to dentistry both locally and internationally, he will always be remembered for his sunny disposition, his unwavering positive attitude and his sense of humour."

*Jerry was the happiest and the most optimistic man. May he Rest In Peace.*

The Canadian PFA Team will be developing an Annual \$1000 Leadership Scholarship in Jerry's name, at McGill University, where he graduated, for a fourth student who possesses excellent leadership skills.

The Canadian team has been working hard to reach out to our members and connect virtually during this difficult time. On Friday February 5 PFA Canada hosted its first Pub Trivia Night event. Dentists from across the country participated and were joined by PFA President and Past President, Dr. Terry Brewick and Cheri Newman. The event was a huge success with Fellows being randomly assigned to groups to mix and mingle and participate in the trivia. On Friday February 26 we will be hosting the French Version of Trivia Night.



## TRIVIA NIGHT

Lots of happy faces from British Columbia to Newfoundland!

On Thursday February 18th, the Canadian Section will be hosting a live interactive Zoom webinar with Hall of Fame Speaking Professional, Rhonda Scharf called Stress & Anxiety in Times of Crisis.

Rhonda Scharf is a well-recognized Professional Speaker, Trainer, Consultant and Author based both in Ottawa, Canada and Fort Myers, Florida. Since 1993 she has worked with tens of thousands of people in dozens of different countries. She is a respected consultant, provides uplifting and fun on-site training and workshops, and a highly entertaining keynote speaker. Add in webinars and coaching along with full customization of all programs, and she is fully competent and capable of putting you ON THE RIGHT TRACK.



The synopsis for her course:

Stress, anxiety, and fear can take an emotional toll at any point, but add in crises, and you have a potentially dangerous and explosive situation. While stress is totally normal and happens to everyone, anxiety can manifest as a response to stress. Learning to cope with stress and anxiety is a learned skill. Learn how to manage healthily so that you, the people you care about, and your workplace will be stronger.

- Understanding anxiety and learning to deal with it
- How to stop “what-ifs” from spiralling
- Healthy ways to deal with stress and anxiety
- Helping others cope with stress and anxiety
- Creating healthy boundaries

When you start to feel the stress and anxiety controlling you, it's time to take control back. Attend this informational, practical, and life-changing workshop and take your control back!

The recorded Zoom meeting will be available on our website indefinitely after the meeting for all Fellows to enjoy.

The Canadian PFA Section will be donating \$10, 000 to the Manitoba Dental Foundation, in association with this year's virtual Canadian Dental Association Convention. Fellows from 2020 will be inducted in a virtual Zoom Ceremony being organized by our CEO Loralie Lowder. Canada has also donated \$10, 000 to the Oral Health Foundation. Canada annually receives ten \$1000 scholarships for a third year student at each of the Canadian Dental Faculties.

In Fellowship,  
Dr. Lisa Bentley, Canadian Trustee

In conjunction with the Canadian Team:  
Dr. Linda Blakey, Eastern Provinces Chair  
Dr. Sam Sgro, Quebec Chair  
Dr. Janet Leith, Ontario Chair  
Dr. Nancy Auyeung, Western Provinces Chair  
Dr. Trista Felty, BC Chair



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